Dear Families,

Welcome to the new school year! I imagine the anticipation is building and somewhat overwhelming so I will keep this letter focused on three priorities.

First, maintaining high levels of immunization coverage is critical to preventing additional outbreaks in school and child care settings during the COVID-19 pandemic. It is more important than ever to continue getting your children in for their immunizations and other well-child visits.

Health care providers in the state are ready to serve children for immunization services and get them caught up on vaccines they may have missed. Start by calling your primary care provider to request an appointment.

You can request a copy of your child’s immunization record by calling 218-843-3662 or visiting Find My Immunization Record (www.health.state.mn.us/people/immunize/mric(records.html).

Second, the Backpack program is available for all students. Children may start receiving a meal pack once completing the form provided. Adequate nutrition is important for learning!

Lastly, the health and safety of children is priority. The Centers for Disease Control (CDC) symptom checklist is important to become familiar with in order to prevent and minimize the spread of illness and disease.

We all have a role in play in monitoring for symptoms of illness and disease. Stay home when symptoms exist and take care of your health. By taking the necessary steps towards maintaining health, together we can achieve a school year filled with learning. Be Well!

From Your School Nurse,

Jeanna Kujava, RN Public Health Nurse

Kittson Healthcare Home Care & Public Health