



**Public Health**  
Prevent. Promote. Protect.

Summer 2023

Welcome Back to School!

I hope your summer was filled with fun adventures, and time spent with family and friends. I will be starting the school year with KCC and look forward to our new school year together! The health and safety of our students is top priority. If your student is sick, please have them stay home to avoid exposing others to potential illness. Make it a routine to review for symptoms of illness each day before your student rides the bus or enters the school building.

Please reach out to me with questions, especially related to medications to be taken during the school day, allergies/food sensitivities or concerns such as asthma, diabetes or seizure disorders that may affect your student during the day.

Maintaining high levels of immunization coverage is critical to preventing outbreaks in school and childcare settings. It is more important than ever to schedule your child's immunizations and well-child visits. Start by calling your primary care provider to request an appointment for your student.

We all have a role to play in promoting wellness and monitoring for symptoms of illness and disease. Stay home when symptoms exist and take care of your health. By taking the necessary steps towards maintaining health, together we can achieve a school year filled with learning. If you have any questions, you can contact me at the following email, [shunay.soliah@kmhc.net](mailto:shunay.soliah@kmhc.net) or by calling the Public Health Office at 218-843-3662.

Be well!

Your School Nurse,

A handwritten signature in black ink that reads 'Shunay Soliah, RN'. The signature is written in a cursive, flowing style.

Shunay Soliah, RN, BSN, PHN

Kittson Healthcare Home Care & Public Health