

September 2021

Hi! This is a message from your School Nurse!

Nutrition is important and critical to maintaining good health and to support learning. With that in mind, I would like to introduce you to the...

Kittson County School Backpack Program!

The Kittson County School Backpack Program is a resource created to bridge nutritional needs over a weekend. This program is a partnership between your school, Cornerstone Food Pantry and the North Country Food Bank, Inc.

Your child or children are invited to participate! This is a great resource for bringing nutritional foods to children to cover the weekend meals that might otherwise be missed.

The Kittson County School Backpack Program will provide your child with a bag of non-perishable food **every week by the last school day in the week**. This program is scheduled to begin in October, and will continue through the school year.

The food is provided at no cost to you or your child. **Please indicate if your child has any food allergy or sensitivity**. If you have any questions or need additional information, please contact Jeanna Kujava at the following email Jeanna.Kujava@kmhc.net or by calling 843-3662.

To start receiving a meal pack for your child please complete the information below indicating each child that will particulate in your home. This meal pack will be added to your child's backpack or locker by staff prior to the weekend.

Be Well,
Jeanna Kujava, RN Public Health Nurse
Kittson Central School Nurse

Child's Name: _____
Child's Name: _____
Child's Name: _____
Child's Name: _____

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Contact information; _____
(Phone number or email please)