

NURSES NOTES:

Welcome back-I am hitting the high points with this and will be using the school web sites for forms you may need.

IMMUNIZATIONS-The Law is VERY clear, unless you object (then you will need to sign a form and have it notarized) or have a medical reason (again a form and notarization needs to take place) your child MUST be up to date on shots the first day of school. Your child will NOT be allowed to return to school until the shot is given or appropriate paperwork is done. With the increase in pertussis (whooping cough) cases in Minnesota, we must strive to protect all our children and staff by proper immunization. You will be notified if the school has not received the dates for the shots your child needs. Please see the shot chart enclosed in the packet or on the website. Any questions, call my office @ 843-3662 or 1-800-873-1940, or talk with your health care provider.

MEDICATION-If your child needs each day at school, please fillout the permission slip on the websites or pick up at the school offices. If your child has a medical condition, allergy or special health need, please contact me. We want your child to be safe and healthy during the school day. If your child has an inhaler they are allowed to carry it themselves. However in the Elementary grades the inhaler is sometimes put on the teacher's desk. Please have a full inhaler for your child and have it labeled. Epi pens are seen more frequently in the schools. Please notify me of your child's condition so we can set up an Emergency Plan for the school. Occasionally students need a Tylenol or Ibuprofen while at school. There is a limited amount available at the school, but a permission form is needed from the parent giving the school permission to administer. If your child has a fever or is unable to participate in classes you will be called to come and get your child.

KEEP YOUR CHILD HOME IF:

- They have a temp of 100 degrees or higher without medicine for 24 hours.
- If they have vomited 2 or more times in the last 12 hours
- If they have had 2 or more diarrhea stools in the last 12hours
- Unexplained rash that is spreading
- Cough and sneezing with general "rundown" feeling and headache
- They have something communicable or that can spread to others

Your child may need to rest at home and not spread germs to the other students. Please stress good handwashing to children of all ages, as HANDWASHING IS THE # 1 WAY TO STOP THE SPREAD OF GERMS.

Char Langen, PHN, School Nurse

